

**Chinese Brush Painting - Journey to the West (Monkey) Part 1**  
**Paul Maslowski**

**14th - 16th Aug 2023**  
**Monday to Wednesday**

Explore your first (or a deeper) taste of the art of the Chinese Brush with Paul, (& for Part 2, Claire Seaton as well) who between them bring 50 years of Chinese brush painting experience. This summer school, we will use the fabulous Chinese story of the 'Journey to the West' (or the Monkey King) as a base to explore the fascinating art of China and beyond. Working toward the principles of Chinese Brush will give us plenty of opportunity to explore this classical text and the fascinating subjects within it. Please note: Students may wish to enrol on either or both courses as 'Part 2' follows on naturally from Part 1. Alternatively, each course is accessible as stand alone. If you wish to enrol on both courses as a resident please contact us to discuss options for Wednesday evening.

**Description**

Both, or either, of these courses will introduce the art of Chinese Brush Painting to those who have not explored this medium before as well as building more in-depth knowledge for those already studying and who wish to focus on Chinese Brush Painting in more detail.

Journey to The West, Part 1 (Monday - Wednesday) taught by Paul

Day 1 of this course will allow students to explore:

Session 1: Landscape - Mountains and rocks

Session 2: Characters from the story: Tripitaka & maybe Pigsy and Sandy

Day 2 will focus on applying techniques learnt on Day 1:

Session 3: Characters from the story: Water Dragon

Session 4: Characters from the story: Horse

Day 3 will focus on applying techniques learnt on Day 1 and 2:

Session 5: Characters from the story: Demons

Session 6: Bringing it all together

The days begin traditionally with 20 minutes of optional qigong (gentle breathing exercises to settle the mind). Teaching is carried out with a step-by-step approach where the fundamentals of a subject are fully explained. This will include the Calligraphic basis for individual strokes. Students are encouraged to work from sketches of subjects and to use these observations in their own compositions.

Students will come to understand the essence of subjects in Chinese Brush Painting through tutor demonstrations, and by observation and practice, and leave understanding how to complete a series of Chinese Brush Paintings.

**Please bring with you**

**Course Location:**

**Missenden Abbey**

Great Missenden  
 Buckinghamshire HP16 0BD

Monday	
9.15am	Students arrive (coffee available)
9.30am	Teaching session
12.45-1.45	Lunch for all
1.45-5pm	Teaching session
6.45 for 7pm	Dinner for residents
Tuesday	
7-9.00am	Breakfast for residents
9.30am	Teaching session
12.45-1.45	Lunch for all
1.45-5pm	Teaching session
6.45 for 7pm	Dinner for residents
Wednesday	
7-9.00am	Breakfast for residents
9.30am	Teaching session
12.45-1.45	Lunch for all
1.45-5pm	Last teaching session

Essential: Sketch pad, notepad, Standard Chinese Brush Painting kit (Chinese brushes, ink stick & ink stone and/or bottled ink, un-sized or semi-sized papers). A felt is really helpful to lay your paper on, however, newspaper will do. Dark clothing is preferable (and certainly no silk clothes) as Chinese ink stains permanently  
Desirable: Camera, Chinese colours, Tablet computer/Smartphone, pictures of your own work and/or work you would like to move toward

### **Available to purchase from the tutor**

Chinese paper, brushes, ink, colours and ink sticks

### **Level**

Suitable for all levels.


### **About Paul Maslowski**


Paul is a distinguished practitioner of Chinese Brush Painting with a career spanning nearly three decades of immersive study in the UK, China, and Taiwan. His work is a bridge between the rigorous classical traditions of the East and the evolving contemporary expressions of the medium.

Having exhibited with international acclaim - most notably in Taiwan, a global hub for fine ink-wash art - Paul brings a rare, cross-cultural perspective to his teaching. His pedagogy is rooted in the 'Six Principles of Chinese Painting', focusing on the vital energy (Qi) and calligraphic 'bone' that define the genre.

A seasoned educator who teaches across England, Paul is dedicated to deconstructing this sophisticated art form into accessible, actionable techniques, allowing students to discover the meditative power of the Chinese brush.

<https://doublehappinessmh.com/about/paul/>

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